



# IS IT SENSORY OR...

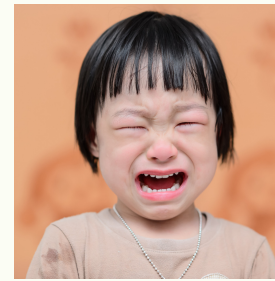
*The most asked question!*

IS IT:

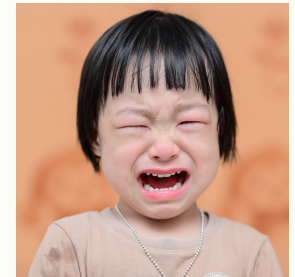


Sensory??

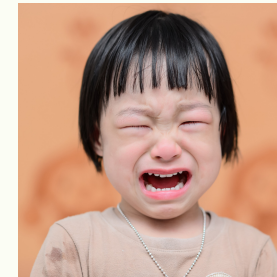
OR



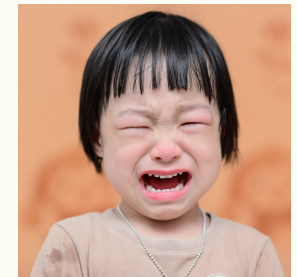
Behaviour??



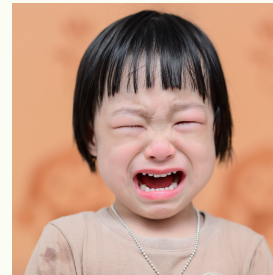
ADHD??



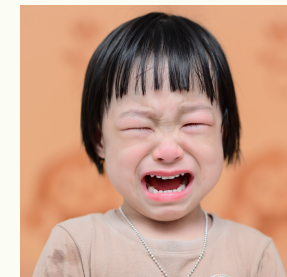
Developmental??



Hunger??



Sleep??



Trauma??

# PRESENTED BY:

Danielle Pluth  
Occupational Therapist (2002)  
Owner of Advance OT (2006)  
Sensory Processing Theory (2008)

[www.AdvanceOT.ca](http://www.AdvanceOT.ca)

Instagram: [good\\_sense\\_ots](https://www.instagram.com/good_sense_ots)







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# PRESENTED BY:

Ruth Isaac

Occupational Therapist (2005)

Join Advance OT (2008)

Sensory Processing Theory (2012)

[www.AdvanceOT.ca](http://www.AdvanceOT.ca)

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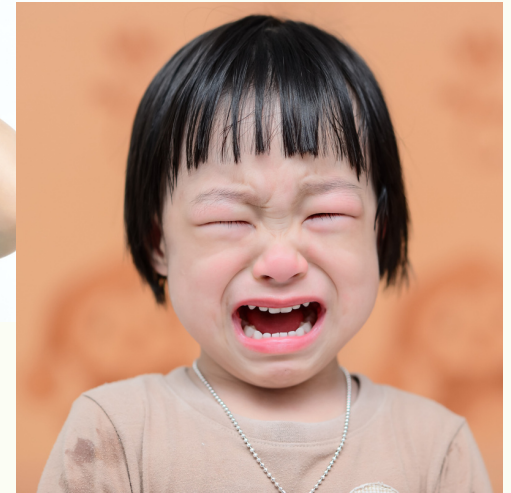
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## **When kids struggle with the following:**

- Behaviours - hitting, biting, fighting, shut down, refusals
- Dysregulation
- Attention
- Learning ability
- Play/Interactions
- Tolerance
- Following Directions

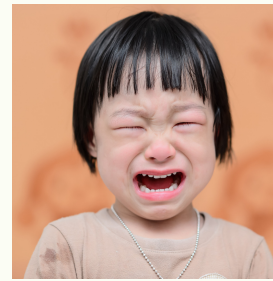
**We are asked....**

# IS IT:

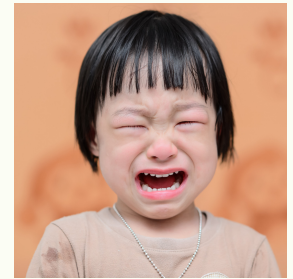


Sensory??

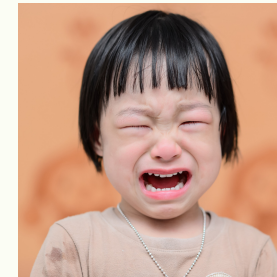
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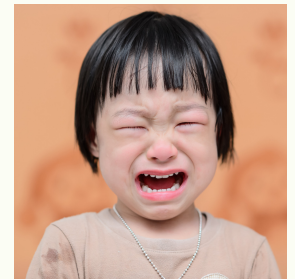
Behaviour??



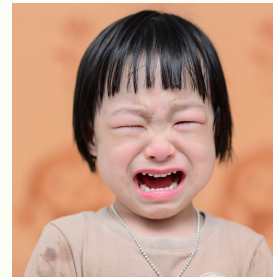
ADHD??



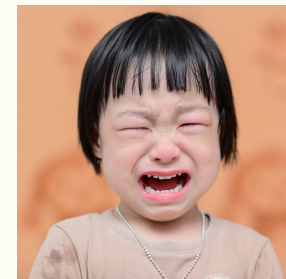
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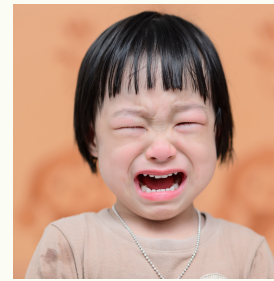




Behaviour??



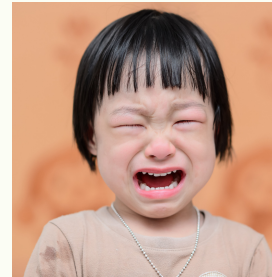
ADHD??



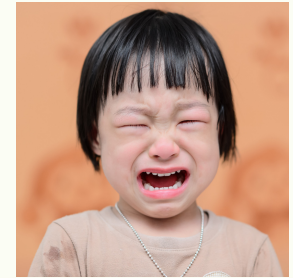
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Trauma??



Sleep??

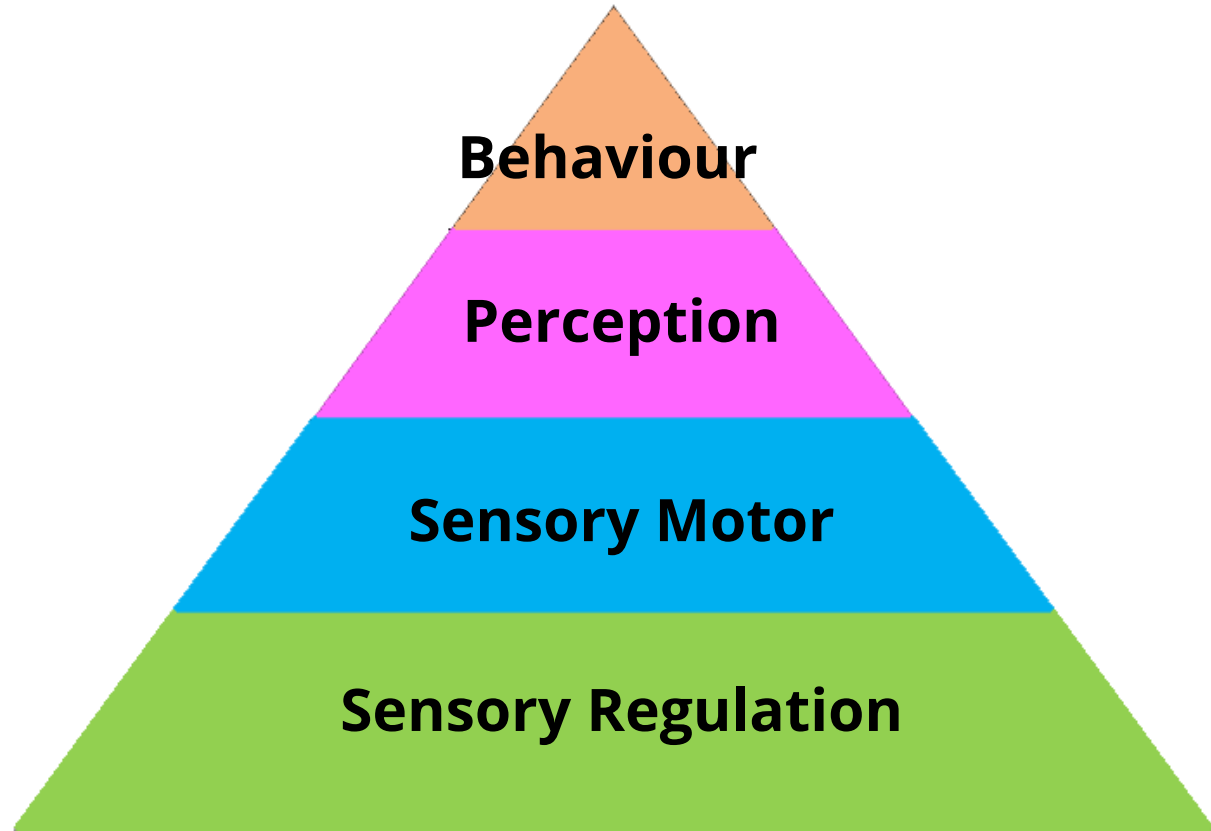
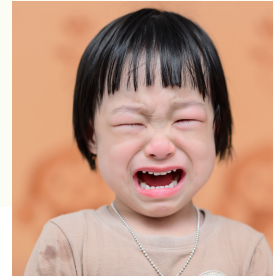


Developmental??



Sensory

# SENSORY FOUNDATIONS





# REGULATION

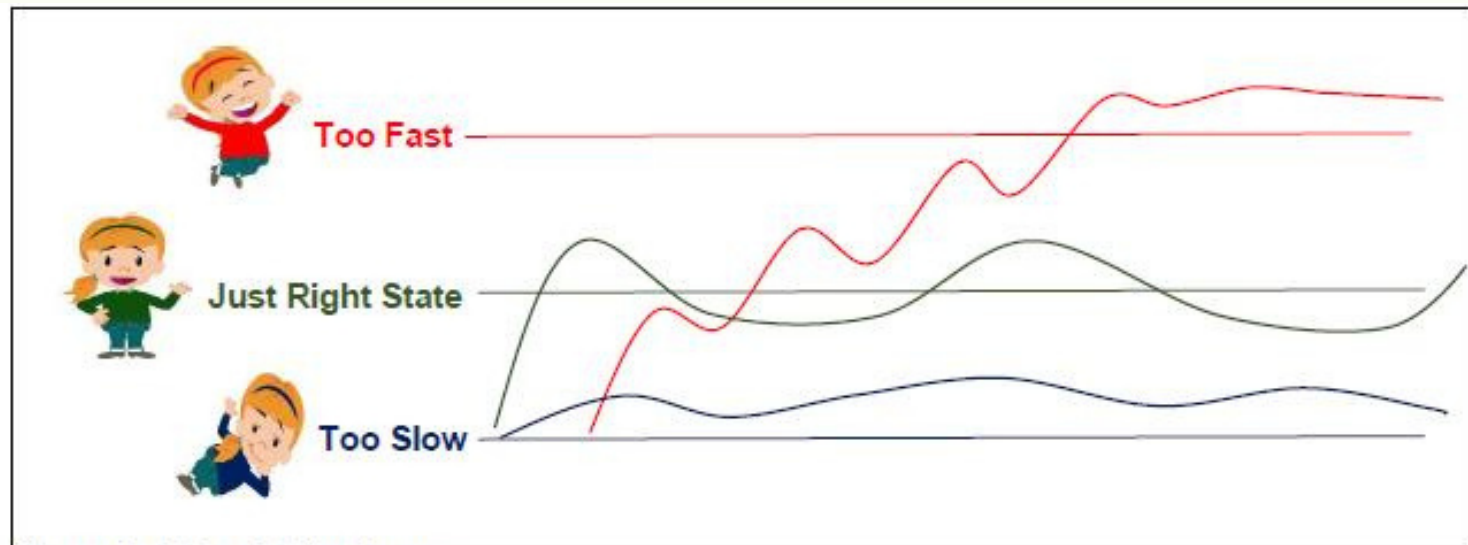
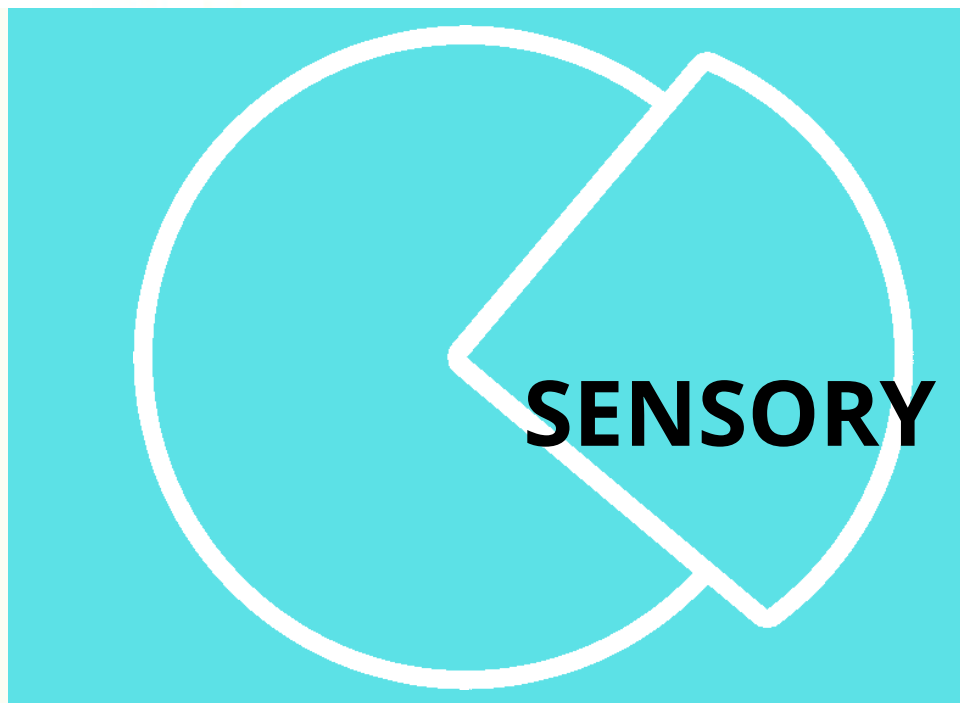


Figure 2.0 Just Right State



# SENSORY REGULATION

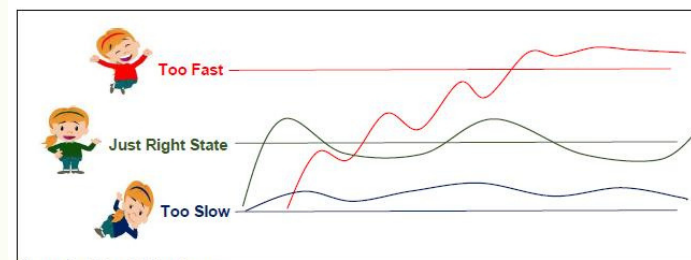
**Screen or use the Sensory Processing Measure or Sensory Profile:**

**Sound:**

- Hands over their ears?
- Bothered by the vacuum, lawn mowers, unexpected sounds?
- Know where sounds are coming from?

**Visual:**

- Squinting with bright lights?
- Visually distracted?
- Looking all over the room?





# SENSORY REGULATION

## **Touch:**

- Bothered by children bumping into them?
- Dislike hands dirty?
- Bothered by clothing?

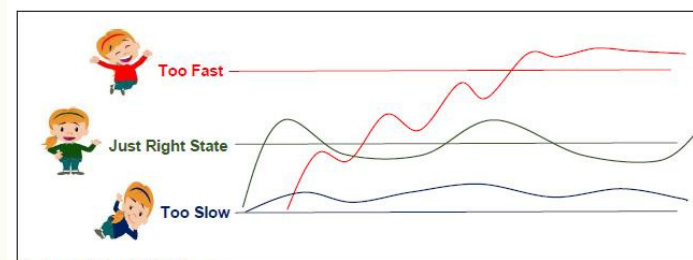


Figure 2.0 Just Right State

## **Movement (Vestibular):**

- Dislike having their feet off the ground?
- Car sick?
- Seeking lots of movement? Spinning?

## **Proprioception:**

- Hitting, kicking, biting?

# SENSORY MOTOR

## **Use Clinical Observations along with Sensory Regulation results**

### **Vestibular Motor:**

- Core Stability
- Eye Coordination
- Bilateral Coordination

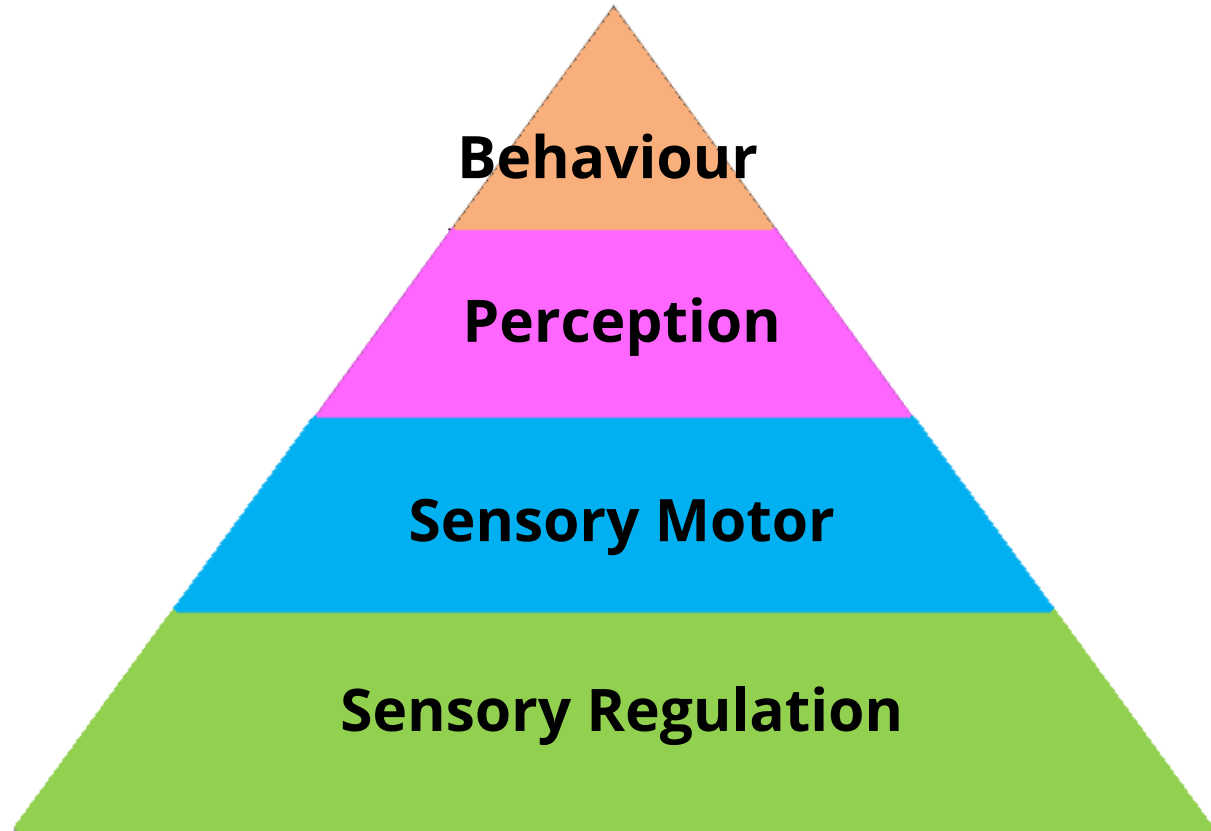
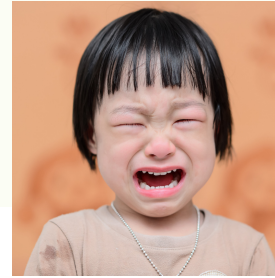
### **Proprioception:**

- Use of Force
- Body Awareness

### **Tactile:**

- Touch Awareness (2 point)

# SENSORY FOUNDATIONS





**Sensory Input can soothe the nervous system regardless of the cause.**

## **Top 3 Inputs**

Heavywork

Linear Input

Deep Pressure

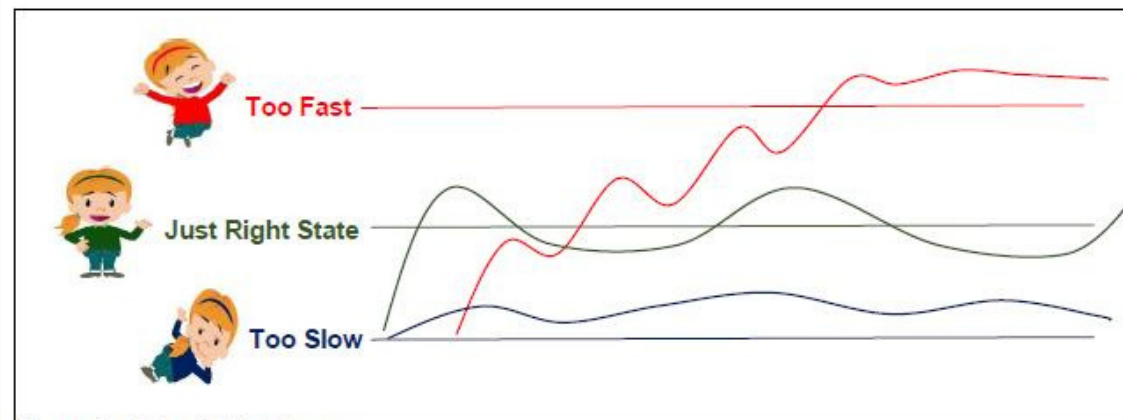
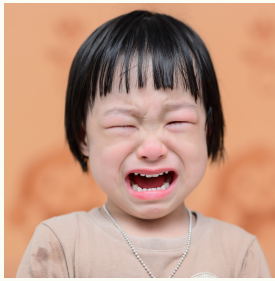
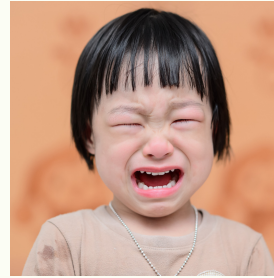


Figure 2.0 Just Right State

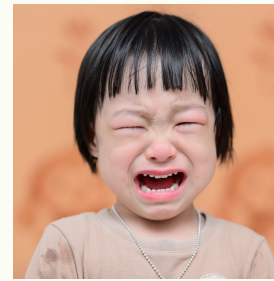
**OT can help determine the most effective input!**



Behaviour??



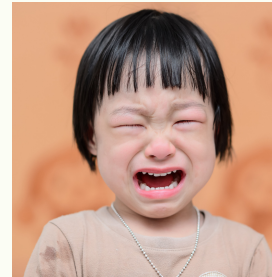
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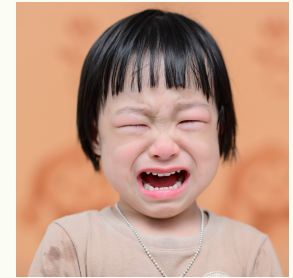
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# THANK YOU! QUESTION?

Email:

[DaniellePluth@AdvanceOT.ca](mailto:DaniellePluth@AdvanceOT.ca)

[RuthIsaac@AdvanceOT.ca](mailto:RuthIsaac@AdvanceOT.ca)

Instagram: [good\\_sense\\_ots](https://www.instagram.com/good_sense_ots)